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This article is most suitable for this study because it provides general information on the importance of using the cup feeding technique on feeding infants in the NICU setting. Further, the article is most suitable for this study because it compares <sup>1</sup> different methods of feeding an infant. The <sup>1</sup> comparison of different methods of feeding an infant broadens the applicability of the article. However, this article fails to address in details cup feeding and other methods of feeding in details. In other words, the article is to gives general information about feeding an infant. The author failed to address the effects of using different methods of feeding an infant in details on the health of the infant. The article identified that the major barrier to adopting different feeding methods is the high cost of implementing the methods. However, the article provided that the health care facilities should apply either method since they give the same benefits. The barriers to applying different methods of feeding an infant should be addressed by asking financial assistance from the government and the well-wishers to help support the feeding program using the most appropriate method. This could increase the use of cup feeding program in most health care facilities and hence increase the diet issues of the infant.

This article talks about the effectiveness of different methods of feeding an infant in a NICU setting. The article investigates the effects of making an artificial teat to feed an infant. The article considers a large number of samples in infants. The consideration of the larger sample help to get an accurate result of the study. The major limitation is that it fails to address the effects of using different methods of feeding an infant in a NICU setting. The author failed to include the essential nutrition value that the infant needs to boost health. The major barriers to the development and applicability of artificial teats are that they are not popular in most health care facilities. The popularity of artificial teats could be made by educating health professionals

about their effectiveness. Educating people on the effectiveness of artificial teats to help improve the feeding program and diet of the infant.

The strength of the article is identified in the research work as it is based on the original data from internationally recognized bodies. The authors aim to generate evidence of the use of cup feeding in various health facilities globally. The major limitation of the article is that it fails to show a direct comparison between the effectiveness of the cup feeding system and the use of tubes in the NICU setting. The author failed to clearly show the benefits of using the cup feeding method and the use of tubes to feed the infants and the effect of both methods on the infant's health. This article's major barriers are the lack of information about different infant feeding methods under the NICU setting. The authors mentioned other methods of feeding an infant under the NICU setting. The author finds out that cup feeding is one of the most appropriate ways of feeding the infant under the NICU condition; hence the health care facilities should embrace the use of the method because the method helps improve the health condition of the infant.

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